

# Comprehensive Holistic Health Assessment

## NURS-4316

Fall 2022 Section 10N 3 Credits 10/19/2022 to 12/06/2022 Modified 04/20/2023

### Description

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Emphasizes the assessment phase of the nursing process across the lifespan. Students perform comprehensive holistic health assessments to identify health promotion, risk assessment, and disease prevention behaviors.

#### Requisites

Prerequisites: Admission to the RN-BSN Articulation Track; BIOL 2401, BIOL 2402, and BIOL 2420 with a minimum grade of C.

### Objectives

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- I. Introduction to Comprehensive Assessment
  - A. Relation to the Nursing Process
  - B. Comprehensive Health Assessment Across the Lifespan
  - C. Active Inquiry
  - D. Legal, Ethical and Regulatory Frameworks
- II. Assessment Frameworks
- III. Survey of Nursing Theoretical Frameworks A. Applying Nursing Theoretical Frameworks B. Role of Culture, Family, and Community in Patient Assessment
- IV. Assessment Data
  - A. Subjective Data
  - B. Objective Data
  - C. Validation and Analysis of Data
  - D. Documentation
- V. Recommended Evidence-based Screenings Across the Lifespan A. Periodicity Guidelines B. Healthy People 2030
- VI. General Survey A. Physical Appearance B. Vital Signs and Measurement C. Mental Status D. Nutritional Status
- VII. Health History A. Individual B. Family and Culture C. Environment and Community
- VIII. Patient-centered Holistic Health Assessment Across the Lifespan A. Pediatric B. Adult C. Older Adult

- IX. Systems Assessments A. Skin, Hair and Nails B. Eyes, Ears, Nose, Throat, and Sinuses C. Respiratory D. Cardiovascular E. Peripheral Vascular F. Abdomen G. Urinary H. Musculoskeletal I. Neurological
- X. Integration of Assessment Components for Adult, Pediatric, and Older Adult Patient
- XI. Focused versus Comprehensive Assessment

## Outcomes

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At the end of this course, students will:

|    | <b>END OF<br/>PROGRAM<br/>STUDENT<br/>LEARNING<br/>OUTCOMES</b> | <b>DEC<br/>KNOWLEDGE</b>  | <b>COURSE MEASURABLE STUDENT<br/>LEARNING OUTCOMES</b>   |
|----|---|---|--|
| 1. | 4   | MOP B1b 3bc<br><br>PCC B1a, A2a,<br>D2a                           | Show the relationship between compassionate holistic patient-centered health assessment and the nursing process.   |
| 2. | 4,7   | MOP B4ab<br><br>PCC A1a, 2a,<br>D3a,B7                            | Use active inquiry with participation in the learning process of health assessment.  |
| 3. | 6   | MOP B1d,<br>B2a, 3b,5a<br><br>PCC C1,<br>D1abcd, E8<br><br>PSA A4 | Demonstrate knowledge of the professional nurses' role within legal, ethical, and regulatory parameters while performing health assessment for diverse patients. |
| 4. | 1   | MOP B2b<br><br>PCC A1b, 1c,<br>B8, C1                             | Employ Caring, Modeling/Role Modeling, and other theories as they relate to health assessment.   |

|    | <b>END OF<br/>PROGRAM<br/>STUDENT<br/>LEARNING<br/>OUTCOMES</b> | <b>DEC<br/>KNOWLEDGE</b>   | <b>COURSE MEASURABLE STUDENT<br/>LEARNING OUTCOMES</b>   |
|----|---|--|--|
| 5. | 3, 7  | PCC B9, C1a,<br>C2b,<br><br>D1a, E2<br><br>MOP B3a, 7a<br>PCC E9a,11 | Apply concepts of therapeutic communication and relationship skills when performing a health assessment.                   |
| 6. | 2   | PCC A1a, A2b,<br>2, 3ab, C2a   | Examine selected evidence-based outcomes for health promotion, risk assessment, and disease prevention across the lifespan |
| 7. | 2   | PCC A1a, A2b,<br><br>A3a, C3a,<br>E1abc,<br><br>E5<br><br>PSA A1, 2  | Show the effects of the environment and multiple determinants on patients' health.   |
| 8. | 3   | PCC<br>A2c,A3,B2, B6,<br>B8, B12                                     | Demonstrate an understanding of the components of a holistic patient-centered health assessment across the lifespan        |

## Materials

Required Text: Any Nursing Health Assessment Textbook published within the last 5 years.

**Author:** Suggested: Jensen, J (2018). Nursing Health Assessment: A Best Practice Approach

**Publisher:** Lippincott, Williams, & Wilkins

**Edition:** 3rd edition

**ISBN:** 978-1496349170

**Optional**

**Availability:** Campus Bookstore, Online

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). Washington, DC.: American Psychological Association.

ISBN: 9781433832178

***Required Electronic Course Materials:***

Digital Clinical Experience [Online program]. Gainesville, FL: Shadow Health.

<https://shadow.desk.com/customer/portal/articles/980991-how-to-register-with-shadow-health>

PIN available in Blackboard Course