

# Comprehensive Holistic Health Assessment

## NURS-4316

Section Template 3 Credits 01/01/2021 to 12/31/2025 Modified 04/21/2023

### Description

Emphasizes the assessment phase of the nursing process across the lifespan. Students perform comprehensive holistic health assessments to identify health promotion, risk assessment, and disease prevention behaviors.

#### Requisites

Prerequisites: Admission to the RN-BSN Articulation Track; BIOL 2401, BIOL 2402, and BIOL 2420 with a minimum grade of C.

### Objectives

- I. Introduction to Comprehensive Assessment
  - A. Relation to the Nursing Process
  - B. Comprehensive Health Assessment Across the Lifespan
  - C. Active Inquiry
  - D. Legal, Ethical and Regulatory Frameworks
- II. Assessment Frameworks
- III. Survey of Nursing Theoretical Frameworks
  - A. Applying Nursing Theoretical Frameworks
  - B. Role of Culture, Family, and Community in Patient Assessment
- IV. Assessment Data
  - A. Subjective Data
  - B. Objective Data
  - C. Validation and Analysis of Data
  - D. Documentation
- V. Recommended Evidence-based Screenings Across the Lifespan
  - A. Periodicity Guidelines
  - B. Healthy People 2030
- VI. General Survey
  - A. Physical Appearance
  - B. Vital Signs and Measurement
  - C. Mental Status
  - D. Nutritional Status
- VII. Health History
  - A. Individual
  - B. Family and Culture
  - C. Environment and Community
- VIII. Patient-centered Holistic Health Assessment Across the Lifespan
  - A. Pediatric
  - B. Adult
  - C. Older Adult

- IX. Systems Assessments A. Skin, Hair and Nails B. Eyes, Ears, Nose, Throat, and Sinuses C. Respiratory D. Cardiovascular E. Peripheral Vascular F. Abdomen G. Urinary H. Musculoskeletal I. Neurological
- X. Integration of Assessment Components for Adult, Pediatric, and Older Adult Patient
- XI. Focused versus Comprehensive Assessment

## Outcomes

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At the end of this course, students will:

	<b>END OF PROGRAM STUDENT LEARNING OUTCOMES</b>	<b>DEC KNOWLEDGE</b>	<b>COURSE MEASURABLE STUDENT LEARNING OUTCOMES</b>
1.	4	MOP B1b 3bc  PCC B1a, A2a, D2a	Show the relationship between compassionate holistic patient-centered health assessment and the nursing process.
2.	4,7	MOP B4ab  PCC A1a, 2a, D3a,B7	Use active inquiry with participation in the learning process of health assessment.
3.	6	MOP B1d, B2a, 3b,5a  PCC C1, D1abcd, E8  PSA A4	Demonstrate knowledge of the professional nurses' role within legal, ethical, and regulatory parameters while performing health assessment for diverse patients.
4.	1	MOP B2b  PCC A1b, 1c, B8, C1	Employ Caring, Modeling/Role Modeling, and other theories as they relate to health assessment.

	<b>END OF PROGRAM STUDENT LEARNING OUTCOMES</b>	<b>DEC KNOWLEDGE</b>	<b>COURSE MEASURABLE STUDENT LEARNING OUTCOMES</b>
5.	3, 7	PCC B9, C1a, C2b,  D1a, E2  MOP B3a, 7a PCC E9a,11	Apply concepts of therapeutic communication and relationship skills when performing a health assessment.
6.	2	PCC A1a, A2b, 2, 3ab, C2a	Examine selected evidence-based outcomes for health promotion, risk assessment, and disease prevention across the lifespan
7.	2	PCC A1a, A2b,  A3a, C3a, E1abc,  E5  PSA A1, 2	Show the effects of the environment and multiple determinants on patients' health.
8.	3	PCC A2c,A3,B2, B6, B8, B12	Demonstrate an understanding of the components of a holistic patient-centered health assessment across the lifespan